

NAME OF CHILD/TEEN: \_\_\_\_\_

DATE: \_\_\_\_\_

FILLED OUT BY: \_\_\_\_\_

# Amen Child/Teen General Symptom Checklist

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Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. For young children it may not be practical to have them fill out the questionnaire. Use your best judgment and do the best you can.

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0	1	2	3	4
Never	Rarely	Occasionally	Frequently	Very
/Not Known				Frequently

Ch/Tn Parent/ Guardian  
Teacher

- \_\_\_\_ 1. Depressed or sad mood.  
\_\_\_\_ 2. Not as much interest in things that are usually fun.  
\_\_\_\_ 3. Significant recent weight or appetite changes.  
\_\_\_\_ 4. Recurrent thoughts of death or suicide.  
\_\_\_\_ 5. Sleep changes, lack of sleep or marked increase in sleep.  
\_\_\_\_ Explain \_\_\_\_\_  
\_\_\_\_ 6. Low energy or feelings of tiredness.  
\_\_\_\_ 7. Feelings of being worthless, helpless, hopeless or guilty.  
\_\_\_\_ 8. Plays alone or appears socially withdrawn.  
\_\_\_\_ 9. Cries easily.  
\_\_\_\_ 10. Negative thinking.  
\_\_\_\_ 11. Periods of an elevated, high or irritable mood.  
\_\_\_\_ 12. Periods of a very high self esteem or big thinking.  
\_\_\_\_ 13. Periods of decreased need for sleep without feeling tired.  
\_\_\_\_ 14. More talkative than usual or feel pressure to keep talking.  
\_\_\_\_ 15. Fast thoughts or frequent jumping from one subject to another.  
\_\_\_\_ 16. Easily distracted by irrelevant things.  
\_\_\_\_ 17. Marked increase in activity level.

- \_\_\_ 18. Cyclic periods of angry, mean or violent behavior.
- \_\_\_ 19. Periods of time where you feel intensely anxious or nervous.
- \_\_\_ 20. Periods of trouble breathing or feeling smothered.
- \_\_\_ 21. Periods of feeling dizzy, faint or unsteady on your feet.
- \_\_\_ 22. Periods of heart pounding, fast heart rate or chest pain.
- \_\_\_ 23. Periods of trembling, shaking or sweating.
- \_\_\_ 24. Periods of nausea, abdominal upset or choking.
- \_\_\_ 25. Intense fear of dying.
- \_\_\_ 26. Lacks confidence in abilities.
- \_\_\_ 27. Needs lots of reassurance.
- \_\_\_ 28. Needs to be perfect.
- \_\_\_ 29. Seems fearful and anxious.
- \_\_\_ 30. Seems shy or timid.
- \_\_\_ 31. Easily embarrassed.
- \_\_\_ 32. Sensitive to criticism.
- \_\_\_ 33. Bites fingernails or chews clothing.
- \_\_\_ 34. Persistent refusal to go to school.
- \_\_\_ 35. Excessive fear of interacting with other children or adults.
- \_\_\_ 36. Persistent, excessive fear (heights, closed spaces, specific animals, etc.) Please list \_\_\_\_\_.
- \_\_\_ 37. Excessive anxiety concerning separation from home or from those to whom the child is attached.
- \_\_\_ 38. Recurrent bothersome thoughts, ideas or images which you try to ignore.
- \_\_\_ 39. Trouble getting "stuck" on certain thoughts, or having the same thought over and over.
- \_\_\_ 40. Excessive or senseless worrying .
- \_\_\_ 41. Others complain that you worry too much or get "stuck" on the same thoughts.
- \_\_\_ 42. Compulsive behaviors that you must do or you feel very anxious, such as excessive hand washing, cleaning, checking locks, or counting or spelling.
- \_\_\_ 43. Needing to have things done a certain way or you become very upset .
- \_\_\_ 44. Recurrent and upsetting thoughts of a past traumatic event (molestation, accident, fire, etc.), please list \_\_\_\_\_.
- \_\_\_ 45. Recurrent distressing dreams of a past upsetting event.
- \_\_\_ 46. Feelings of reliving a past upsetting event.

- \_\_\_ 47. Spend effort avoiding thoughts or feelings related to a past trauma.
- \_\_\_ 48. Feeling that your future is shortened.
- \_\_\_ 49. Startle easily.
- \_\_\_ 50. Feel like you're always watching for bad things to happen.
- \_\_\_ 51. Refusal to maintain body weight above a level most people consider healthy.
- \_\_\_ 52. Intense fear of gaining weight or becoming fat even though underweight.
- \_\_\_ 53. Feelings of being fat, even though you're underweight.
- \_\_\_ 54. Recurrent episodes of eating large amounts of food .
- \_\_\_ 55. A feeling of lack of control over eating behavior.
- \_\_\_ 56. Engage in activities to eliminate excess food, such as self-induced vomiting, laxatives, strict dieting or strenuous exercise.
- \_\_\_ 57. Persistent worry with body shape and weight.
- \_\_\_ 58. Fails to give close attention to details or makes careless mistakes.
- \_\_\_ 59. Trouble sustaining attention in routine situations (i.e., homework, chores, paperwork.).
- \_\_\_ 60. Trouble listening.
- \_\_\_ 61. Fails to finish things.
- \_\_\_ 62. Poor organization for time or space (such as backpack, room, desk, paperwork).
- \_\_\_ 63. Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort.
- \_\_\_ 64. Loses things.
- \_\_\_ 65. Easily distracted.
- \_\_\_ 66. Forgetful.
- \_\_\_ 67. Poor planning skills.
- \_\_\_ 68. Lacks clear goals or forward thinking.
- \_\_\_ 69. Difficulty expressing feelings.
- \_\_\_ 70. Difficulty expressing empathy for others.
- \_\_\_ 71. Excessive daydreaming ( may be referred to as a “space cadet” or “airhead” by others).
- \_\_\_ 72. Complains of feeling bored.
- \_\_\_ 73. Appears to be apathetic or unmotivated.
- \_\_\_ 74. Appears tired, sluggish, or slow moving.
- \_\_\_ 75. Appears or complains of feeling “spacey” or “in a fog.”
- \_\_\_ 76. Fidgety, restless, or trouble sitting still.

- \_\_\_ \_\_\_ 77. Difficulty remaining seated in situations where remaining seated is expected.
- \_\_\_ \_\_\_ 78. Runs about or climbs excessively in situations in which it is inappropriate.
- \_\_\_ \_\_\_ 79. Difficulty playing quietly.
- \_\_\_ \_\_\_ 80. "On the go" or acts as if "driven by a motor."
- \_\_\_ \_\_\_ 81. Talks excessively.
- \_\_\_ \_\_\_ 82. Blurts out answers before questions have been completed.
- \_\_\_ \_\_\_ 83. Difficulty awaiting turn.
- \_\_\_ \_\_\_ 84. Interrupts or intrudes on others (e.g., butts into conversations or games).
- \_\_\_ \_\_\_ 85. Impulsive (saying or doing things without thinking first).
- \_\_\_ \_\_\_ 86. Involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head jerking or picking). How long have motor tics been present?\_\_\_\_\_ How often?\_\_\_\_\_ Describe\_\_\_\_\_
- \_\_\_ \_\_\_ 87. Involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling, swearing). How long have verbal tics been present?\_\_\_\_\_ How often? \_\_\_\_\_ Describe \_\_\_\_\_
- \_\_\_ \_\_\_ 88. Repetitive, seemingly driven motor behavior (e.g., hand shaking or waving, body rocking, head banging, mouthing of objects, self-biting, picking at skin or bodily orifices, hitting own body) that interferes with normal activities or results in self-inflicted bodily injury that requires medical treatment (or would result in an injury if preventive measures were not used).
- \_\_\_ \_\_\_ 90. Passage of feces in inappropriate places (e.g., clothing or floor).
- \_\_\_ \_\_\_ 91. Bed wetting. If present, how often?\_\_\_\_\_
- \_\_\_ \_\_\_ 92. Failure to speak in specific social situations (in which there is an expectation for speaking, e.g., at school) despite speaking in other situations.
- \_\_\_ \_\_\_ 93. Delusional or bizarre thoughts (thoughts you know others would think are false).
- \_\_\_ \_\_\_ 94. Visual hallucination, seeing objects or images are not really present.
- \_\_\_ \_\_\_ 95. Hearing voices that are not really present.
- \_\_\_ \_\_\_ 96. Odd behaviors.
- \_\_\_ \_\_\_ 97. Poor personal hygiene or grooming.

- \_\_\_ \_\_\_ 98. Inappropriate mood for the situation (i.e., laughing at sad events).
- \_\_\_ \_\_\_ 99. Frequent feelings that someone or something is out to hurt you.
- \_\_\_ \_\_\_ 100. Problems with social relatedness before the age of 5, either by failing to respond appropriately to others or becoming indiscriminately attached to others.
- \_\_\_ \_\_\_ 101. Multiple changes in caregivers before the age of 5.
- \_\_\_ \_\_\_ 102. Steals.
- \_\_\_ \_\_\_ 103. Bullies, threatens, or intimidates others.
- \_\_\_ \_\_\_ 104. Initiates physical fights.
- \_\_\_ \_\_\_ 105. Cruel to animals.
- \_\_\_ \_\_\_ 106. Force others into things they do not want to do (sexually or criminally).
- \_\_\_ \_\_\_ 107. Sets fires.
- \_\_\_ \_\_\_ 108. Destroys property.
- \_\_\_ \_\_\_ 109. Break in to others home, school, car or place of business.
- \_\_\_ \_\_\_ 110. Lies.
- \_\_\_ \_\_\_ 111. Stays out at night despite parental prohibitions.
- \_\_\_ \_\_\_ 112. Runs away overnight.
- \_\_\_ \_\_\_ 113. Cuts school.
- \_\_\_ \_\_\_ 114. Doesn't seem sorry for hurting others.
- \_\_\_ \_\_\_ 115. Negative, hostile, or defiant behavior.
- \_\_\_ \_\_\_ 116. Loses temper.
- \_\_\_ \_\_\_ 117. Argues with adults.
- \_\_\_ \_\_\_ 118. Actively defies or refuses to comply with adults' requests or rules.
- \_\_\_ \_\_\_ 119. Deliberately annoys people.
- \_\_\_ \_\_\_ 120. Blames others for his or her mistakes or misbehavior.
- \_\_\_ \_\_\_ 121. Touchy or easily annoyed by others.
- \_\_\_ \_\_\_ 122. Angry and resentful.
- \_\_\_ \_\_\_ 123. Spiteful or vindictive.
- \_\_\_ \_\_\_ 124. Impairment in communication as manifested by at least one of the following (circle the ones that apply):
- delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gesture or mime)
  - in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others

- repetitive use of language or odd language
- problems understanding jokes, sarcasm, or sayings
- lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level

\_\_\_\_\_ 125. Impairment in social interaction, with at least two of the following (circle all that apply):

- marked impairment in the use of multiple nonverbal behaviors such as eye-to-eye gaze, facial expression, body postures, and gestures to regulate social interaction
- failure to develop peer relationships appropriate to developmental level
- lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of showing, bringing, or pointing out objects of interest)
- lack of social or emotional reciprocity

\_\_\_\_\_ 126. Repetitive patterns of behavior, interests, and activities, as manifested by at least one of following (circle the ones that apply):

- preoccupation with an area of that is abnormal either in intensity or focus
- rigid adherence to specific, nonfunctional routines or rituals
- repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)
- persistent preoccupation with parts of objects

\_\_\_\_\_ 127. Stutters.

\_\_\_\_\_ 128. Feels tired during the day.

\_\_\_\_\_ 129. Feels cold when others feel fine or they are warm.

\_\_\_\_\_ 130. Often feel warm when others feel fine or they are cold.

\_\_\_\_\_ 131. Problems with brittle or dry hair.

\_\_\_\_\_ 132. Problems with dry skin.

\_\_\_\_\_ 133. Problems with sweating.

\_\_\_\_\_ 134. Problems with chronic anxiety or tension.